

# Woodland Walkway Socks

An Original **UPTOWN** *stitches* Design by Emily B. Miller



In the Woodland Walkway socks, a single meandering cable traces footsteps through a forest of geometric trunks and branches with toe-up shaping.

## MATERIALS

### **UPTOWN** *stitches* Sock Yarn

Two 24" circular needles, size US1 (2.25mm)

Set of 4 stitch markers

Tapestry needle

**Gauge:** 9 sts per inch in stockinette

**Size:** snugly fits a foot measuring 8.5" circumference

## NOTES

“**Needle 1**” refers to the first half of the round (top of foot and front of leg). “**Needle 2**” refers to second half of the round (sole of foot, heel, and back of leg). Pattern may be adjusted for Double Point Needles.

## SPECIAL ABBREVIATIONS:

**St:** st

**w&t (knit rows):** Bring yarn to the front of the work and slip next st. Turn the work as for the purl row, bringing yarn to the front. Slip first st back to the right needle.

**w&t (purl rows):** Bring yarn to the back of the work and slip next st. Turn the work as for knit row, bringing yarn to back. Slip the first st back to the right needle.

**kw (pw):** To pick up the wraps from the w&t rows, slip the wrapped st purlwise onto the right needle, so you can use the left needle to pick up the wrap(s) onto the needles. Return wrap(s) and slipped st back to left needle and knit (or purl) them together.

## Toe:

Using your favorite provisional cast-on, cast on 10 st onto 2 needles (20 total). Join for circular knitting and knit one round.

**Round 1:** \*KFB, knit to 1 st before end of Needle 1, KFB; repeat from \* for second needle.

**Round 2:** Knit

Repeat rounds 1 & 2 until there are 36 stitches on each needle. End by completing round 1. 72 stitches total.

## Foot:

Set up round: \*K12, pm; repeat from \* to end of Needle 1, knit to end of round. Needle 1 now has 3 sections of 12 sts for working the cable panels on the instep. Needle 2 holds the sole sts.

Establish pattern, slipping markers as you come to them:

**Needle 1:** Work the first row Chart B, repeat the first row of Chart A twice.

**Needle 2:** Knit all sts.

**NOTE:** For the second sock, which is symmetrical rather than identical to the first one, the sections on Needle 1 will be reversed as follows: Repeat the first row of Chart A twice, work the first row of Chart B. Needle 2 remains the same for both socks.

**Chart A**

12	11	10	9	8	7	6	5	4	3	2	1	
			●	●	●	●		●	●	●	●	12
			↘	↙	●	●		●	●	↗	↖	11
			●		●	●		●	●		●	10
			●	↘	↙	●		●	↗	↖	●	9
			●	●		●		●		●	●	8
			●	●	↘	↙		↗	↖	●	●	7
			●	●	●	●		●	●	●	●	6
			↘	↙	●	●		●	●	↗	↖	5
			●		●	●		●	●		●	4
			●	↘	↙	●		●	↗	↖	●	3
			●	●		●		●		●	●	2
			●	●	↘	↙		↗	↖	●	●	1

Created in Knit Visualizer (www.knitfoundry.com)

**Chart B**

12	11	10	9	8	7	6	5	4	3	2	1	
			●	●	B	B	●	●	●	●	B	12
			●	●	↘	↙	●	●	●	●		11
			●	●	B	B	●	●	●	●	B	10
			●	↗	↖	↘	↙	●	●	↗	↖	9
			●	B	●	●	B	●	●	B	●	8
			↗	↖	●	●	↘	↙	↗	↖	●	7
			B	●	●	●	●	B	B	●	●	6
			●	●	●	●	↘	↙	●	●	●	5
			B	●	●	●	●	B	B	●	●	4
			↘	↙	●	●	↗	↖	↘	↙	●	3
			●	B	●	●	B	●	●	B	●	2
			●	↘	↙	↗	↖	●	●	↘	↙	1

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**Legend:**

↘↙	<b>Left Twist, purl bg</b> sl1 to CN, hold in front. p1. k1 from CN
●	<b>purl</b> purl stitch
↙↘	<b>Right Twist, purl bg</b> sl1 to CN, hold in back. k1, p1 from CN
□	<b>knit</b> knit stitch
B	<b>knit tbl</b> Knit stitch through back loop
↘↙	<b>Right Twist</b> Skip the first stitch, knit into 2nd stitch, then knit skipped stitch. Slip both stitches from needle together OR k2tog leaving sts on LH needle, then k first st again, sl both sts off needle.
↘↙	<b>Left Twist</b> sl1 to CN, hold in front. k1, k1 from CN

**Pattern:**

R1 (RS): p2, Right Twist PB, k1, Left Twist PB, p2, k3  
R2: p2, k1, p1, k1, p1, k1, p2, k3  
R3: p1, Right Twist PB, p1, k1, p1, Left Twist PB, p1, k3  
R4: p1, k1, p2, k1, p2, k1, p1, k3  
R5: Right Twist PB, p2, k1, p2, Left Twist PB, k3  
R6: p4, k1, p4, k3  
R7: p2, Right Twist PB, k1, Left Twist PB, p2, k3  
R8: p2, k1, p1, k1, p1, k1, p2, k3  
R9: p1, Right Twist PB, p1, k1, p1, Left Twist PB, p1, k3  
R10: p1, k1, p2, k1, p2, k1, p1, k3  
R11: Right Twist PB, p2, k1, p2, Left Twist PB, k3  
R12: p4, k1, p4, k3

**Pattern:**

R1 (RS): Left Twist PB, p2, Right Twist PB, Left Twist PB, p1, k3  
R2: p1, k tbl, p2, k tbl, p2, k tbl, p1, k3  
R3: p1, Left Twist PB, Right Twist PB, p2, Left Twist PB, k3  
R4: p2, (k tbl) 2 times, p4, k tbl, k3  
R5: p2, Right Twist, p4, k4  
R6: p2, (k tbl) 2 times, p4, k tbl, k3  
R7: p1, Right Twist PB, Left Twist PB, p2, Right Twist PB, k3  
R8: p1, k tbl, p2, k tbl, p2, k tbl, p1, k3  
R9: Right Twist PB, p2, Left Twist PB, Right Twist PB, p1, k3  
R10: k tbl, p4, (k tbl) 2 times, p2, k3

Continue in this manner until the sock is 2" less than the total desired length of the foot. End by working only the first needle of a round 5 or 11 on the charts. (Work first half of the round and stop before working Needle 2. Do not complete this round yet.) The instep needle will now hold the top of the foot sts on standby, while the heel is worked on the sole needle only. The total number of sts on each needle remains 36 throughout the heel shaping.

**Short Row Heel:**

**Row 1:** Knit the next 35 sts, w&t.

**Row 2:** P34, w&t.

**Row 3:** Knit until 1 stitch remains before the wrapped stitch(es), w&t.

**Row 4:** Purl until 1 stitch remains before the wrapped stitch(es), w&t.

Continue by repeating rows 3 & 4, until you end on row 4 with p12, w&t. Twelve st are wrapped on each side; 12 live st remain in the middle.

**Pick up wraps:**

**Row 1:** K12, kw, w&t. (the stitch you wrap will now have 2 wraps)

**Row 2:** P13, pw, w&t. (the stitch you wrap will now have 2 wraps)

**Row 3:** Knit until the first double-wrapped stitch, kw, w&t (the stitch you wrap will now have 2 wraps).

**Row 4:** Purl until the first double-wrapped stitch, pw, w&t (the stitch you wrap will now have 2 wraps).

Continue by repeating rows 3 & 4, ending with this row 3 (leaving 1 stitch still double-wrapped on the purl side): K30(38), kw, do not turn.

## **Leg:**

Return to circular knitting on Needle 1, picking up where you left off on the chart repeats. When you first get to Needle 2, there will be one more wrapped st to pick up as follows:

kw, K11, pm, \*K12, pm; repeat from \* once to end of round.

On next round, work from the charts as usual for Needle 1, and begin working from the same row of Chart A in each of the sections on Needle 2. (It should be row 1 or 7 from the chart.) Continue repeating the cable patterns until you've worked the same number of repeats on the cuff as you did on the foot before the heel, or until the length of the cuff measures about 1.5" less than the total desired height of the sock. End by knitting a round 6 or 12.

## **Cuff:**

Switch to ribbing as follows: \*(P1, K1) four times, P1, K3; repeat from \* to end of round. (The columns of K3 will remain intact from the cable panels below.) Work until ribbing measures 1.5".

For the stretchy sewn bind-off, cut yarn, leaving a tail 3 times longer than circumference of the cuff. Using a tapestry needle, thread yarn purlwise through first 2 sts, leaving them on the needle. Thread yarn knitwise through first st, and pull it off the needle. Repeat these two steps until 1 st remains. Pull yarn through last st and weave in the end to secure.

The cables panels in this sock respond beautifully to blocking. Soak in warm water, gently squeeze excess with towel, stretching into shape. Lay flat to finish drying.

